

**Discharge planning for persons afflicted by a psychosis**

**PLEASE ASSESS THE DEGREE OF SEVERITY YOUR CURRENT PSYCHOSIS AND OTHER SYMPTOMS**

Print this page and mark your answers with a cross on the line.  
Please discuss the results with your therapist.

**Please assess the degree of severity of your current psychosis**

No psychosis

Severe psychosis



Mark your answers with a cross on the line.

**Please assess the degree of severity of your current depression**

No depression

Severe depression



Mark your answers with a cross on the line.

**Please assess the degree of severity of your current anxieties**

No anxiety

Severe anxiety



Mark your answers with a cross on the line.

Use this questionnaire to discuss with your therapist as to whether the time is right for your discharge.